

First Years Children's Center

Exclusion Policy



Any one or more of the following at home or at the Center will result in exclusion:

- Fever of at least 100.0° (temporal)
- Complaining of or seeming to have ear pain.
- Headache pain that prevents child from participating in the daily activities
- Sore throat.
- White tongue or white residue in a child's mouth that does not go away.
- Labored breathing or wheezing
- Fatigue, and unable to keep up with daily activities.
- Excessive coughing affecting the child's ability to keep up with daily activities.
- Vomiting on 2 or more occasions and/or diarrhea on 3 or more occasions, or a combination of both within 24 hours (i.e. 2 diarrheas and 1 vomit).
- Blood in stool.
- Eye discharge that is continuous after being wiped once with pink-to-red eye color, swelling around the eye, or eye pain. If a child is diagnosed with conjunctivitis (pink eye), they can return 24 hours after starting antibiotics. If no antibiotics are prescribed, a doctor's note is required stating when they can return.
- Open or oozing sores, or excessive drooling with sores in their mouth.
- Suspected communicable skin infections and rashes. If diagnosed, the child can return after 24 hours of being on antibiotics, or with a note from a doctor stating when they can return.
- If a child presents a rash, a medical professional will need to determine if their symptoms are not that of a communicable disease.
-
- If a rash is enabling a child to keep up with their daily routine and activities.
- Lice or nits. Children must complete louse treatment and be completely free of any lice and nits before returning.

*To return before the 24 hours, a note from a professional health care provider clearing the child is required.

Specific Disease Exclusion Guidelines

- COVID-19: Until fever free for 24 hrs. and the child's symptoms are subsiding
- Croup: Until fever free for 24 hrs. and the child is well enough to participate in normal activities
- Ear infection: Until fever free for 24 hrs. and the child is well enough to participate in normal activities
- Fifth disease: Until fever free for 24 hrs.
- Hand, foot, and mouth: Until fever free for 24 hrs. and child is well enough to participate in normal activities (sores may still be present but not open or oozing)
- Influenza: Until child is fever free for 24 hours and is well enough to participate in normal daily activities
- Pink eye (bacterial): Until child is on antibiotics for 24 hrs.
- Pink eye (viral): With a doctor's note clearing the child to return on a specific date
- Ringworm: Until 24 hours after treatment begins
- RSV: Until child is fever free for 24 hrs. and child is well enough to participate in normal activities
- Roseola: Until child is fever free for 24 hours
- Strep throat: Until 24 hours fever free after treatment begins and child is well enough to participate in normal activities
- Thrush: Until child is on antibiotics for 24 hours

Consult child's health care provider regarding exclusion guidelines for other infections not described in this policy. Special exclusion guidelines may be recommended in the event of an outbreak of an infectious disease in our childcare setting.

Employee Exclusion

If an employee has no contact with children or with objects that children may handle, there is little risk of disease spreading to the children. However, ill staff members can spread infectious diseases to other co-workers. For this reason, staff follow the basic exclusion guidelines described above for children.

**We ask that if you receive any form of a contagious diagnosis from a doctor that you, please let us know so that we may inform other families of what illnesses are going around.